

INSTRUCTIONS FOR APPLYING T.R.U.E. TEST

T.R.U.E. Test is to be applied for 72 hours. The T.R.U.E. Test will be read 3 days after it is applied. T.R.U.E. Test needs to be refrigerated until applied. Once applied, your T.R.U.E. Test cannot get wet. Sponge bathe only. Excessive perspiration can cause strips to fall off.

There are 3 strips to be applied to the back, as shown on the picture below. The portion of the 3rd strip that is not impregnated with chemicals can be cut off to fit below the 1st strip. You may need to apply tape around the edges of the strips to keep them from falling off.

INSTRUCTIONS FOR HOME PATCH TESTING

LIQUIDS

- Mix soap/shampoo/toothpaste/etc. with H₂O - dilute
- Apply to forearm twice daily for 3 days or dampen cotton ball and cover with bandaid for 3 days

SOLIDS

- Make a pile of fragments
- Put a dab of vasoline on telfa pad of bandaid, then stick fragments to vasoline on telfa pad.
- Wear for 3 days